

**Barnstable Recreation presents: R.E.C. (Reaching Everyone through Community)  
Adaptive Sport Program  
Open to members of all abilities  
(however, geared towards members with Differing Abilities)**

**FEBRUARY 2026**

**Call 508-790-6345 X107 to let us know how many would like to play**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>5</b> <b>Capture the Flag</b> <b>1-1:45</b> <b>HYCC Gym</b>	<b>FREE</b>	
				<b>12</b> <b>Kick ball</b> <b>1-1:45</b> <b>HYCC Gym</b>	<i>With HYCC Membership</i>	
				<b>19</b> <b>No program</b>		
				<b>26</b> <b>Broom Ball</b> <b>1-1:45</b> <b>HYCC Gym</b>		